



# 2022 Session #2

Register Online!  
AerialsGymClub.ca

Session 2 runs Nov 1<sup>st</sup> - Dec 23<sup>rd</sup>  
Registration starts Oct 20<sup>th</sup> or Oct 19<sup>th</sup> for current athletes  
Times and classes are subject to change

facebook.com/aerialsgym    instagram.com/aerialsgym    @ AerialsGymClub.ca    780-962-5350    9 Tri Leisure Way, Spruce Grove, AB

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>Drop in</b>	<b>DROP IN SIGN IN IS NOW ONLINE!</b> Every Tuesday at 9:00 AM drop-in registration will open for that week.		8:00 - 9:00 \$7, over 15yrs <b>Teen &amp; Adult</b>		11:15 - 12:15 \$7, under 5yrs <b>Tots!</b>	Save your spot, drop in often fills!	4:30 - 6:00 \$10 all ages <b>Family</b>
	This is an unstructured, coach supervised time to explore our gym space. Swing on the bars, balance on the beams, climb our ropes or get stuck in our foam pit! Yearly AGF Drop in insurance is \$15 or \$55 for full recreational insurance that includes 3 free drop ins! Children under 2 are free!						
<b>Stars program AGES 1-5</b>	<b>Baby Stars</b> parented 12-24 months 45 mins			10:00 - 10:45		9:00 - 9:45	
	<b>Future Stars</b> parented 2-3 years 1 hour	11:15 - 12:15 5:45 - 6:45			10:00 - 11:00 4:15 - 5:15	9:45 - 10:45	
	<b>Twinkle Stars</b> 3+ years, 1 hour <small>Must be 3 by class start date</small>	10:00 - 11:00 4:30 - 5:30		10:00 - 11:00	9:00 - 10:00 10:00 - 11:00	11:00 - 12:00	
	<b>Rising Stars</b> 4+ years, 1 hour <small>Must be 4 by class start date</small>	9:00 - 10:00 4:15 - 5:15 <b>Boys</b>	10:45 - 11:45 5:45 - 6:45	9:00 - 10:00 11:00 - 12:00 4:15 - 5:15 5:15 - 6:15	9:00 - 10:00 4:15 - 5:15	9:30 - 10:30 10:45 - 11:45 4:00 - 5:00 6:00 - 7:00	9:15 - 10:15
	<b>Super Stars</b> 5+ years, 1.5 hours <small>Rising Stars pre-requisite</small>	4:15 - 5:45	9:00 - 10:30	11:00 - 12:30 5:30 - 7:00		4:15 - 5:45	10:30 - 12:00
<b>Can Gym program AGES 6+</b>	<b>Red</b> 6+ years, 1 hour	6:00 - 7:00 7:00 - 8:00	4:00 - 5:00 6:45 - 7:45	4:00 - 5:00 7:15 - 8:15	4:15 - 5:15 5:30 - 6:30	5:15 - 6:15 6:15 - 7:15 7:00 - 8:00	9:15 - 10:15 12:15 - 1:15
	<b>Tan</b> 6+ years, 1 hour <small>Red prerequisite</small>	7:00 - 8:00	6:45 - 7:45	7:00 - 8:00	6:45 - 7:45	4:15 - 5:15	10:30 - 11:30
	<b>Bronze</b> <small>Tan prerequisite 1.5 hours</small>	4:15 - 5:45	5:15 - 6:45	6:15 - 7:45	5:30 - 7:00	6:30 - 8:00	10:15 - 11:45
	<b>Purple &amp; Blue</b> <small>Bronze pre-requisite, 2 hours</small>		4:00 - 6:00	5:15 - 7:15	5:15 - 7:15		12:00 - 2:00 <b>Boys</b>
	<b>Turquoise +</b> <small>Blue pre-requisite, 2 hours</small>	5:30 - 7:30					
<b>Specialty</b>	<b>Tumbling</b> 7+ years	6:00 - 7:00 <b>Beg</b>	6:15 - 7:45 <b>Int</b>	4:00 - 5:00 <b>Beg</b>			11:30 - 12:30 <b>Beg</b>
	<b>Gymclubse</b> all ages 1 Hour (aid or parent required)						9:30 - 10:30
	<b>Homeschool, Teen &amp; Adult</b> 1 hour & 1.5 hours		11:00 - 12:00 <b>Homeschool</b>		7:30 - 9:00 Teen (13 to 16 years) 7:30 - 9:00 Adult (+17 years)		

**Now Hiring!**  
Recreational Coaches needed!  
Part Time & Full Time positions available  
for NCCP GFA Trained Coaches.  
**Apply Today!**  
Lindsayk@aerialsgymclub.ca



**NOVEMBER 2022**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

**DECEMBER 2022**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**COSTS FOR SESSION 1**

Class	Fundraising Required	No Fund. Required
45 Min class:	\$105	\$150
1 Hour class:	\$139	\$179
1.5 Hour class:	\$175	\$215
2 Hour class:	\$228	\$268

**AGF Insurance \$55**  
July 1 - June 30 + 3 free drop ins  
\$55 AGF insurance now comes with 3 Free Drop Ins.

Session 2 runs Sept 1<sup>st</sup> - Dec 23<sup>rd</sup> Athletes come 1 day/wk for 8<sup>ish</sup> weeks.  
Every \$55 AGF insurance now comes with 3 Free Drop Ins.  
40\$ fundraising credit per family required for each recreational session.  
Registration for Session 3 will open on Dec 14 & 15.