



2023 Session #3

Register Online!
AerialsGymClub.ca

Session 3 runs Jan 2nd - March 4th
Registration starts Dec 15th or Dec 14th for current athletes
Times and classes are subject to change

facebook.com/aerialsgym

instagram.com/aerialsgym

@ AerialsGymClub.ca

780-962-5350

9 Tri Leisure Way, Spruce Grove, AB

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Drop in	DROP IN SIGN IN IS NOW ONLINE! Every Tuesday at 9:00 AM drop-in registration will open for that week.		8:00 - 9:00 \$7, over 15yrs Teen & Adult		11:15 - 12:15 \$7, under 5yrs Tots!	Save your spot, drop in often fills!	4:30 - 6:00 \$10 all ages Family	
	This is an unstructured, coach supervised time to explore our gym space. Swing on the bars, balance on the beams, climb our ropes or get stuck in our foam pit! Yearly AGF Drop in insurance is \$15 or \$55 for full recreational insurance that includes 3 free drop ins! Children under 2 are free!							
AGES 1-5 Stars program	Baby Stars parented 12-24 months 45 mins			10:00 - 10:45		9:00 - 9:45		
	Future Stars parented 2-3 years 1 hour	9:30 - 10:30 11:15 - 12:15	10:30 - 11:30	9:00 - 10:00	10:00 - 11:00 4:15 - 5:15	9:30 - 10:30		
	Twinkle Stars 3+ years, 1 hour Must be 3 by class start date	10:00 - 11:00	5:45 - 6:45	10:00 - 11:00 4:15 - 5:15	9:00 - 10:00 10:00 - 11:00	9:45 - 10:45 11:00 - 12:00		
	Rising Stars 4+ years, 1 hour Must be 4 by class start date	9:00 - 10:00 10:30 - 11:30 4:15 - 5:15 Boys	9:15 - 10:15	9:00 - 10:00 10:00 - 11:00 11:00 - 12:00 4:15 - 5:15 5:15 - 6:15	9:00 - 10:00 4:15 - 5:15	10:45 - 11:45 11:00 - 12:00 6:00 - 7:00		9:15 - 10:15
	Super Stars 5+ years, 1.5 hour Rising Stars pre-requisite	4:15 - 5:45	9:00 - 10:30	11:00 - 12:30 5:30 - 7:00		9:15 - 10:45 4:15 - 5:45		10:30 - 12:00
	Super Nova 5+ years, 1.5 hour Superstars pre-requisite		10:45 - 12:15					
AGES 6+ Can Gym program	Red 6+ years, 1 hour	6:00 - 7:00	4:00 - 5:00 6:45 - 7:45	4:00 - 5:00 5:15 - 6:15 5:30 - 6:30 6:45 - 7:45	4:15 - 5:15 5:30 - 6:30 6:30 - 7:30	5:00 - 6:00 7:00 - 8:00	9:15 - 10:15 12:15 - 1:15	
	Tan 6+ years, 1 hour Red prerequisite	7:00 - 8:00	6:45 - 7:45	7:00 - 8:00	5:30 - 6:30 6:45 - 7:45	4:00 - 5:00	10:30 - 11:30	
	Bronze Tan prerequisite 1.5 hours	4:15 - 5:45	4:00 - 5:30 5:15 - 6:45	6:15 - 7:45	5:30 - 7:00	6:15 - 7:45	10:15 - 11:45	
	Purple & Blue Bronze pre-requisite, 2 hours		4:15 - 6:15	6:15 - 8:15			12:00 - 2:00 Boys	
Specialty	Turquoise + Blue pre-requisite, 2 hours	5:30 - 7:30						
	Tumbling 7+ years	6:00 - 7:00 Beg	6:30 - 8:00 Int	4:00 - 5:00 Beg	5:15 - 7:15 Adv		10:30 - 11:30 Beg	
			11:00 - 12:00 Homeschool		7:30 - 9:00 Teen (13 to 16 years) 7:30 - 9:00 Adult (+17 years)		9:30 - 10:30 Gymclusive all ages, 1 Hour (aid or parent required)	



JANUARY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FEBRUARY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

COSTS FOR SESSION 1

Class	Fundraising Required	No Fund. Required
45 Min class:	\$105	\$150
1 Hour class:	\$139	\$179
1.5 Hour class:	\$175	\$215
2 Hour class:	\$228	\$268
AGF Insurance \$55		
July 1 - June 30 + 3 free drop ins \$55 AGF insurance now comes with 3 Free Drop Ins.		

Session 3 runs Jan 2nd - March 4th Athletes come 1 day/wk for 8th weeks.
Every \$55 AGF insurance now comes with 3 Free Drop Ins.
40\$ fundraising credit per family required for each recreational session.
Registration for Session 4 will open on Feb 14 & 15.