



GYMNASTICS FOR ALL!

SESSION 2 RUNS OCT 28TH - DEC 23RD
Registration starts Oct 15th or 14th for current athletes

www.aerialsgymclub.ca • 780-962-5350

Times and classes are subject to change (Updated: 12:30 pm, Oct 1 2026)



AGES 1 - 5

STARS PROGRAM

AGES 6+

CAN GYM PROGRAM

SPECIALTY PROGRAM

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OPEN GYM Monday at 9:00am drop-in registration opens for that week.	12:00 - 1:00 \$7, under 5yrs TOTS - POP UP!		8:00 - 9:00 \$7, over 13yrs TEEN & ADULT	11:15 - 12:15 \$7, under 5yrs TOTS	Save your spot, drop in often fills!	4:30 - 6:00 \$10 all ages FAMILY
Baby Stars parented 12-24 months 45 mins		11:15 - 12:00		10:15 - 11:00		
Future Stars parented 2-3 years 1 hour	9:30 - 10:30	4:15 - 5:15	4:15 - 5:15	10:00 - 11:00	9:00 - 10:00	10:00 - 11:00 (x2)
Twinkle Stars 3+ years, 1 hour Must be 3 by class start date	11:00 - 12:00	9:00 - 10:00 9:15 - 10:15	9:00 - 10:00 10:00 - 11:00 4:30 - 5:30	9:00 - 10:00 10:00 - 11:00	9:00 - 10:00 10:15 - 11:15	9:00 - 10:00 9:45 - 10:45 11:30 - 12:30
Rising Stars 4 & 5 years, 1 hour Must be 4 by class start date	10:30 - 11:30 4:15 - 5:15 5:30 - 6:30	10:00 - 11:00 4:15 - 5:15 5:15 - 6:15 5:45 - 6:45	9:00 - 10:00 10:00 - 11:00 4:15 - 5:15 4:30 - 5:30 5:30 - 6:30	9:00 - 10:00 (x2) 4:15 - 5:15 (x2) 5:45 - 6:45	10:15 - 11:15 4:15 - 5:15 4:30 - 5:30	9:15 - 10:15 9:30 - 10:30 10:00 - 11:00 10:45 - 11:45
Super Stars 4 & 5 years, 1.5 hour Rising Stars pre-requisite	9:30 - 11:00	10:15 - 11:45	Super Nova 5 years, 1.5 hour Super Stars pre-requisite 5:15 - 6:45	5:30 - 7:00 5:45 - 7:15	4:30 - 6:00	11:15 - 12:45
Red 6+ years, 1 hour	4:15 - 5:15 6:00 - 7:00 6:30 - 7:30(x2)	4:30 - 5:30 5:30 - 6:30 6:15 - 7:15 6:45 - 7:45	5:30 - 6:30 5:45 - 6:45 6:45 - 7:45	5:30 - 6:30 7:00 - 8:00	4:30 - 5:30 5:15 - 6:15 5:45 - 6:45 6:30 - 7:30	9:00 - 10:00 9:15 - 10:15 10:15 - 11:15 11:45 - 12:45 12:00 - 1:00
Tan 6+ years, 1 hour Red prerequisite	5:15 - 6:15	6:30 - 7:30	4:45 - 5:45 6:45 - 7:45 7:00 - 8:00	4:30 - 5:30 7:15 - 8:15	5:30 - 6:30 6:45 - 7:45	9:45 - 10:45 10:45 - 11:45
Copper Tan pre-requisite, 1 hour	5:15 - 6:15 7:00 - 8:00		5:45 - 6:45	6:45 - 7:45	6:45 - 7:45	12:30 - 1:30
Bronze Copper pre-requisite, 1.5 hours	4:30 - 6:00		6:30 - 8:00	6:45 - 8:15	6:15 - 7:45	11:00 - 12:30
Purple 8+ years, 1.5 hours Bronze pre-requisite	4:30 - 6:00	5:30 - 7:00		4:00 - 5:30		11:15 - 12:45
Blue & Turquoise 1.5 hours Purple pre-requisite				6:45 - 8:15		
Silver + Turquoise pre-requisite, 2 hours		5:00 - 7:00 (or 8:00)				
Tumbling 7+ years	6:30 - 7:30 Beg	4:30 - 5:30 Beg		4:00 - 5:00 Beg 5:00 - 6:30 Adv	4:15 - 5:45 Int	10:15 - 11:15 Beg
Homeschool 6-9 years & 10+ years, 1 hour			11:00 - 12:00 6-9 yrs 11:00 - 12:00 10+ yrs	KIDS OFF SCHOOL? WE'VE GOT YOU COVERED! PD DAYS, FALL BREAK & SPRING BREAK TOO!		Gymclusive 9:00 - 10:00 Ages 5-11, 1 Hour (aid or parent required)
		7:30 - 9:00 16+ yrs Adult, 1.5 hours	7:00 - 8:00 12+ yrs Teen, 1 hour			

PRICES PER SESSION

CLASS LENGTH	FUNDRAISING REQUIRED	NO FUND. REQUIRED
45 Min class:	\$105	\$150
1 Hour class:	\$139	\$184
1.5 Hour class:	\$175	\$220
2 Hour class:	\$228	\$273

ADDITIONAL COSTS

AGF Insurance \$55
AGF is per child / per year
(July 1 - June 30)

Fundraising \$45
Fundraising is \$45 per family
per session. Additional fundraising
dollars will carry for 1 year.

Fundraising Options

SESSION 2 CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

NOVEMBER

DECEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

FIRST/LAST DAY OF CLASS

ACTIVE CLASSES

CLOSED

REGISTRATION DAYS

PD DAY CAMPS:
Oct 9, 2026
Jan 29, 2027
Feb 4, 2027
Feb 5, 2027
Feb 12, 2027
Apr 5, 2027
May 21, 2027

Times:
9:00 to 4:00
Ages:
6 - 11 year olds
Costs:
\$60 each

FALL BREAK
Nov 9, 2026
Nov 10, 2026
Nov 12, 2026
Nov 13, 2026
Nov 16, 2026 (Mon)

SPRING BREAK
Mar 29 to Apr 2

Times:
9:00 to 4:00
Ages:
6 - 11 year olds
Costs:
\$215 per week

REGISTER ONLINE!

aerialsgymclub.ca

9 Tri Leisure Way,
Spruce Grove, AB

780-962-5350

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